

## **Joint Action on Mental Health and Well-being WP7 on Mental Health and Schools**

### **Premise**

The Work Package nr. 7 on Mental Health and Schools of the European Community Joint Action on Mental Health and Well-being will be led by Italy.

The Italian Ministry of Health in agreement with the Health Commission of Italian Regions has attributed the leadership of WP7 to the Veneto Region Department of Health.

The WP7 will be co-ordinated by the Mental Health Office of Veneto Region Department of Health through the Veneto Region Coordination Centre for European Project Management (CRemPE-AOUI Verona).

**Associated Partners:** Malta, Croatia, Iceland, United Kingdom, Norway, Slovakia, Estonia, Finland

**Collaborating Partners:** European Social Network, European Regional and Local Health Authorities (EUREGHA), Schools for Health in Europe (SHE), Eurochild, EuroHealthNet, Italian Ministry of Health, University of Cagliari (Italy), Lithuania

### **Description of the Work**

The WP aims to develop an action framework for cooperation between the health and social sector and the education sector on the management of mental illness prevention and mental health and well-being promotion, including educational attainment, among children and adolescents as part of a commonly endorsed action framework on mental health and well being in Europe.

The main focus of this WP is on developing and implementing policies that may contribute to a more effective cooperation between the health and social sector and the education sector.

The main objectives of this WP include:

- a) the promotion of individual, social, societal and environmental skills and conditions that enable optimal social and psycho-physiological development, including educational attainment;
- b) the prevention of psycho-social distress, especially in adolescence, that may lead to psychopathological diseases in adulthood, excluding learning difficulties and intellectual disabilities that belong to a different domain;
- c) the cooperation between the health and social sector and the education sector on the management of mental illness prevention and mental health and well-being promotion, including educational attainment, among children and adolescents.

These objectives will be achieved through:

1. analyzing the situation of mental illness prevention and mental health and well-being promotion, including educational attainment, among children and adolescents in the participating countries;
2. mapping the scientific evidence and the best practices relevant for the implementation of effective actions in the field of mental illness prevention and mental health and well-being promotion, including educational attainment, among children and adolescents in Europe;
3. developing recommendations for action at EU-level and in Member States (policy makers; health professionals; EU, national and local networks);
4. supporting the engagement and commitment of Member States and other stakeholders in effective action to develop more effective actions in the field of mental illness prevention and mental health and well-being promotion, including educational attainment, among children and adolescents in Europe.

The project objectives include health, educational and social goals. In fact, mental health and well-being is not the sole responsibility of the health sector. The success of this project lies in the

effective inter-sector co-ordination and collaboration with the educational sector, parents, primary health care, NGOs and other stakeholders. Ineffective networking with the key agents will have negative impact on the whole project.

<b>Specific objectives</b>	<b>Description</b>
policy recommendations for cooperation between the health and social sector and the education sector	definition of policy recommendations for cooperation between the health and social sector and the education sector on the management of prevention of mental illness and promotion of mental health and well-being, including educational attainment, among children and adolescents
regional workshops for the implementation of the policy recommendations	carrying out of regional workshops for the implementation of the policy recommendations for cooperation between the health and social sector and the education sector on the management of prevention of mental illness and promotion of mental health and well-being, including educational attainment, among children and adolescents

### Indicators

- definition of policy recommendations for cooperation between the health and social sector and the education sector
- carrying out of regional workshops for the implementation of the policy recommendations

<b>Deliverable</b>	<b>Description</b>	<b>Date of delivery</b>
Report on the situation in the participating countries	Report on the situation in the participating countries analyzing the cooperation between the health and social sector and the education sector on the management of prevention of mental illness and promotion of mental health and well-being, including educational attainment, among children and adolescents	12
Review of scientific evidence, best practices, and available resources	Review of scientific evidence, best practices, and available resources on the cooperation between the health and social sector and the education sector on the management of prevention of mental illness and promotion of mental health and well-being, including educational attainment, among children and adolescents	12
Policy recommendations for cooperation between the health and social sector and the education sector	A set of policy recommendations for the cooperation between the health and social sector and the education sector on the management of prevention of mental illness and promotion of mental health and well-being, including educational attainment, among children and adolescents	18
Regional workshops for the implementation of the policy recommendations	Regional workshops for the implementation of the policy recommendations for cooperation between the health and social sector and the education sector on the management of prevention of mental illness and promotion of mental health and well-being, including educational attainment, among children and adolescents	18 and 30

<b>Milestones</b>	<b>Month of Achievement</b>
Kick-off Meeting of the national coordinators to examine the methodological proposal for the analysis of the situation and the mapping of scientific evidence and best practices in the participating countries.	2
2 <sup>nd</sup> Meeting of the national coordinators to agree the final version the reports and	11

plan the definition of the policy recommendations.	
1 <sup>st</sup> edition of the National Workshops run by participating countries to present and get feedback on the policy recommendations	16
3 <sup>rd</sup> Meeting of national coordinators aimed at agreeing the final version of the policy recommendations and planning the 2 <sup>nd</sup> edition of the national workshops.	18
2 <sup>nd</sup> edition of the National Workshops run by participating countries aimed at defining strategies for having the policy recommendations implemented at national level.	24

## **ACTION PLAN**

WP7 will be organized according to the following steps:

1. AOUI Verona will develop a methodological proposal for the analysis of the situation and the mapping of scientific evidence and best practices in the participating countries.
2. Kick-off Meeting of the national coordinators to examine the methodological proposal.
3. Revision of the methodology based on the discussion during the kick-off meeting.
4. Data collection on the national situations, scientific evidence and best practices.
5. Identification and involvement of national stakeholder (health and social sector, education sector, NGOs, scientific community) aimed at setting-up the national working groups.
6. Analysis of data collected in step. 4 and preparation of the draft reports.
7. Analysis of the draft reports by the national groups .
8. 2<sup>nd</sup> Meeting of the national coordinators to agree the final version the reports and plan the definition of the policy recommendations.
9. AOUI Verona will prepare a draft version of the policy recommendations.
10. 1<sup>st</sup> revision of the policy recommendations following the discussion through e-mailing and video-conferencing among national coordinators.
11. 1<sup>st</sup> edition of the National Workshops run by participating countries to present and get feedback on the policy recommendations
12. Revision of the policy recommendations by AOUI Verona based on the feedback from the national workshops.
13. 3<sup>rd</sup> Meeting of national coordinators aimed at agreeing the final version of the policy recommendations and
- 13.bis planning the 2<sup>nd</sup> edition of the national workshops.
14. 2<sup>nd</sup> edition of the National Workshops run by participating countries aimed at defining strategies for having the policy recommendations implemented at national level.
15. AOUI Verona will prepare a draft report synthesizing the strategies proposed by the national workshops.
16. Analysis of the draft report by the national groups.
17. Final Meeting of national coordinators aimed at agreeing the report on strategies for implementing the policy recommendations and
- 17.bis planning the final event of WP7
18. Final Event of WP7

19. Administrative work related to the completion of WP7

20. Participation to the Final Event of the Joint Action

